



Comfort

Symptoms Other Than Pain

Myths

1. Patients should show their strength by not talking about pain or other symptoms.
2. Family members should avoid talking about pain and other symptoms that upset them and their dying loved one.
3. As the disease progresses, patients will feel better and have more strength if they continue to eat and drink.
4. Pain medicine usually causes excessive drowsiness and is disturbing to patients and family members.
5. Pain medication causes confusion in most dying people.
6. Pain medicine often causes nausea that is distressing and difficult to control.
7. Constipation is an expected complication of pain medicine and cannot be avoided.
8. Death rattle is a sign of severe dyspnea.
9. Oxygen is an effective treatment for all types of dyspnea.
10. People who are not eating cannot be constipated.